How is CAS aiding you in your discovery of purpose for your life?

CAS is pushing me to value my time and weigh the pros and cons of what I choose to do with that time. With CAS, I now feel more compelled to spend my time on something that is productive or encourages self growth. This can be seen in my CAS experiences, many of which are learning new hobbies or solidifying my skills in old ones. Additionally, CAS has pushed me to have more impact in my community and recognize that I can make a big impact, and community can be anything. My CAS project focuses on my school community

What have been the most challenging elements of CAS? Enjoyable?